Help Spread the Facts About Adult Vaccination

We know that adult vaccination rates in the United States are low,\(^1\) but with your support, we can try to raise vaccination rates and build a healthier community. Ensure your patients have a clear understanding of the risk of vaccine-preventable diseases and the benefits and risks of vaccination. Help dispel vaccination myths by providing facts. This can help patients recognize the importance of vaccination and make informed decisions.
MYTH: “I was vaccinated as a child, so I’m protected.”
FACT: Some vaccinations are recommended throughout your adult life to help you stay protected from certain vaccine-preventable diseases. Protection from some childhood vaccines can decrease over time and new vaccines have been introduced. So you may think that you’re protected from certain diseases when you may actually be at risk.

MYTH: “All vaccines are a one-time, one-shot process.”
FACT: Several vaccines are recommended to be given as multiple doses over a period of time, but some adults have difficulty completing a multidose vaccination series. This situation represents a significant public health problem because missing doses of vaccines may result in suboptimal protection.

MYTH: “If I don’t get vaccinated, I’m only putting my own health at risk.”
FACT: Many vaccine-preventable diseases are serious and can be passed on to others. People with whom you are in close contact, such as infants, the elderly, and those with chronic diseases, might be at increased risk of complications from vaccine-preventable infections. By getting vaccinated, you can play a part in helping to prevent the spread of serious, potentially communicable illness.
MYTH: “Illness is a minor inconvenience; if I get sick, I’ll just see a doctor.”

FACT: Even if you’re convinced you can cope with and treat the physical discomfort of illness, you should keep in mind the impact that vaccine-preventable diseases can have on your wallet. In the US, vaccine-preventable diseases result in billions of dollars in lost wages and productivity every year. A single vaccine-preventable disease episode can cost thousands of dollars in direct medical expenses, along with the indirect costs of missed days of work and school.⁵

MYTH: “I can only get vaccines from my doctor.”

FACT: Pharmacists can administer a number of different vaccines, and getting vaccinated in a pharmacy can be a convenient option since it doesn’t require an appointment. Many pharmacists are licensed and trained to administer immunizations, and the Centers for Disease Control and Prevention endorses pharmacists as key contributors to immunization efforts.⁶,⁷ The types of vaccines that they offer may vary from state to state. Examples of vaccines that may be administered by your pharmacist without a prescription, include*:

- Influenza
- Tdap
- Hepatitis A
- Hepatitis B
- Meningococcal
- ACWY
- B

*Age limitations and state regulations may apply.
Get Proactive About Prevention
Find Vaccination Tools and Resources at
www.GSK-VacciNATION.com

References:

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